



Sl. No. :
Group :

Sunday 5th Dec. 2010 at 6.30 a.m.

**Registration Form :**

Name		M / F		Age	
Address :					
Occupation : School			Tel No.		Email

Please enroll me for **RX life Cycle Rally** scheduled on **5th Dec. 2010**. I am physically fit to ride a cycle.

I undertake to abide by the rules of the Rally and shall follow traffic regulations during the rally. I am participating in the Rally on my own accord and shall not hold the organizers responsible for any loss or damage to my person or property in the course of the rally.

Place:

Date :

Signature



Sl. No. :
Group :

Sunday 5th Dec. 2010 at 6.30 a.m.

**Registration Form :**

Name		M / F		Age	
Address :					
Occupation : School			Tel No.		Email

Please enroll me for **RX life Cycle Rally** scheduled on **5th Dec. 2010**. I am physically fit to ride a cycle.

I undertake to abide by the rules of the Rally and shall follow traffic regulations during the rally. I am participating in the Rally on my own accord and shall not hold the organizers responsible for any loss or damage to my person or property in the course of the rally.

Place:

Date :

Signature



Second Floor, Veenu Bldg.,  
Mannagudda, Mangalore  
Phone : 2457192, 99867 54875  
[www.rxlife.in](http://www.rxlife.in)

**Sunday 5th Dec. 2010 at 6.30 a.m.**

**INSTRUCTIONS TO THE PARTICIPANT :**

1. You are given  
Two stickers with cycle Nos: to stick to the rear mud guard and chain cover or front mud guard of your cycle.  
Food Coupon : to be shown at Breakfast counter at Gandhinagar School, at the end of the rally.  
RIN (Riders identity No.) to be retained by you through out the rally. You need to show this to get your lucky prize if any.
2. This Rally is not a Race not a competition. Just enjoy cycling. If you are aged above 10 years and if you can ride a cycle for 18 kms on road, you can join the rally.
3. Your cycle is your responsibility. Keep it in good condition. Keep it locked while parking.
4. Fill your back pack with a water bottle and a towel. Break fast will be served at the finishing point at Gandhinagar School.
5. Each group is identified by a specific alphabet.
6. You shall stand in line with your group with your cycle, at 6.15 A.M. at the earmarked place on the left side of Mannagudda - Ladyhill Road opposit the Stadium / Swimming pool.
7. The first group shall be flagged off at 6.30 A.M. Sharp.
8. Cyclists shall ride on the left side of the road, one behind the other, in a group of 50.
9. There shall be a Pilot Car leading the rally. No cyclist shall over take it for any reason.
10. There will be rangers between the groups, who will guide you in case of need.
11. An ambulance with first aid facility and doctors follows the last group of cyclists. Cycle Rescue Van is arranged to pick cycles that breakdown.
12. You shall walk pushing your cycle along, while getting into the barge which will ferry you across from Bengre to old port along with your cycle.
13. The rally ends at Gandhinagar School. If you want to leave the group, you can do so only after you reach the old port. Please take care while riding on city roads, before & after the rally.
14. There is no entry fee, but pay Rs. 20/- for Breakfast coupon, If you need one.
15. Cycling is the most eco friendly way of transport. Please don't throw plastic. Smoking is not allowed. Keep your mobile switched off during the rally.
16. You shall not enter the sea or the river. Mainatain your seating position on the Barge.
17. It is not a race, nor a competiton. It is just for fun, to start cycling again.
18. **LUCKY PRIZES**
  - ◆ Three Cycles to be won!
  - ◆ Lucky lady will win a BSA Lady Bird Cycle.
  - ◆ Lucky rider-Senior, will win a Hercules Cycle (Sr.) and,
  - ◆ Lucky rider-Junior, will win a Hercules Cycle(Jr.)
  - ◆ Above prizes are sponsored by Jyoti Cycle Co. Mission Street, Mangalore, Courtesy, TI Cycles of India, Chennai.

**Lot more prizes and gift hampers to be won.**

LOGISTIC SUPORT



**Thanks to :**

Youth Hostels Association of India, Mangalore, Team Mangalore,  
Jyoti Cycles Co., Mangalore, TI Cycles of India, Chennai, Mangalore Bicycle Club

ಪು.ತಿ.ನೋ.